

Letterkenny University Hospital - LUH Antimicrobial Prescribing Policy/Guidelines: Gastroenteritis

Gastroenteritis

1. **Avoid antimicrobial agents unless there is clinical evidence of invasive disease or the patient is immunocompromised, in which case please discuss with consultant microbiologist.**
2. Consider viral causes if vomiting is a prominent symptom or if norovirus is active in the community or hospital.
3. Maintain hydration.
4. Avoid anti-diarrhoeal agents.
5. Send stool sample (include travel history on the form if relevant).
6. Antimicrobial treatment for gastroenteritis is generally pathogen directed.

Reference:

IDSA 2017 Treatment guidelines for infectious diarrhoea: [Clin Infect Dis 65:1963, 2017](#) .