

MEG Demo (Staff App) - MEG Demo - MEG Staff app: TEST A

It is estimated that there is a 1 in 5 lifetime risk of developing Heart Failure (HF). The prevalence of diagnosed HF is at least 1-2% of adults rising to 10% in the over 70s. The true prevalence of the condition fails to capture the full magnitude of the undiagnosed. Early diagnosis is key so that treatments can be initiated which are proven to improve quality of life, reduce hospitalisation and improve survival from this condition.

A focus on prevention strategies and risk factor management are needed to allay future prospects of an increased burden of disease given the ageing population, better cardiovascular treatments and rising risk factors of Obesity and Diabetes.

In Ireland the National Heart Clinical Program provides guidance on the management of HF in the Model of Integrated Care (MOC) for Heart Failure, 2021. The HF MOC proposes to change how we deliver care to people with HF or at risk for HF and support a national model of integrated care through partnerships between the patient, the acute services and primary care (HSE, 2021).